



Kaiser Permanente Health Plan of Mid-Atlantic States, Inc.  
GLP-1 Receptor Agonists for Type 2 DM Prior Authorization (PA)  
Pharmacy Benefits Prior Authorization Help Desk  
Length of Authorizations: Initial- 12 months; Continuation- 12 months

**Instructions:**

This form is used by Kaiser Permanente and/or participating providers for coverage of **GLP-1 Receptor Agonists for Type 2 DM**. Please complete all sections, incomplete forms will delay processing. Fax this form back to Kaiser Permanente within 24 hours (fax: 1-866-331-2104). If you have any questions or concerns, please call 1-866-331-2103. **Requests will not be considered unless all sections are complete.**

KP-MAS Formulary can be found at: [Pharmacy | Community Provider Portal | Kaiser Permanente](#)

**1 – Patient Information**

Patient Name: \_\_\_\_\_ Kaiser Medical ID#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**2 – Prescriber Information**

Prescriber Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ NPI: \_\_\_\_\_  
Prescriber Address: \_\_\_\_\_  
Prescriber Phone #: \_\_\_\_\_ Prescriber Fax #: \_\_\_\_\_

**3 – Pharmacy Information**

Pharmacy Name: \_\_\_\_\_ Pharmacy NPI: \_\_\_\_\_  
Pharmacy Phone #: \_\_\_\_\_ Pharmacy Fax #: \_\_\_\_\_

**4 – Drug Therapy Requested**

Drug 1: Name/Strength/Formulation: \_\_\_\_\_  
Sig: \_\_\_\_\_  
Drug 2: Name/Strength/Formulation: \_\_\_\_\_  
Sig: \_\_\_\_\_

**5– Diagnosis/Clinical Criteria**

1. Is this request for initial or continuing therapy?  
 Initial therapy                       Continuing therapy, state start date: \_\_\_\_\_

2. Indicate the patient’s diagnosis for the requested medication: \_\_\_\_\_

**Clinical Criteria:**

1. Does patient have diagnosis of diabetes mellitus type 2?  
 No  Yes
  
2. Does patient meet the age cutoffs below?
  - a. ≥10 years old for Bydureon, Victoza, and Trulicity
  - b. ≥18 years old for Xultophy, Soliqua, Ozempic, and Rybelsus No  Yes
  
3. Please indicate HbA1c goal: \_\_\_\_\_  
**AND** last HbA1c lab result (must be within 90 days): \_\_\_\_\_ Date: \_\_\_\_\_
  
4. **AND** does patient have any intolerance or contraindications or hypersensitivity reactions to GLP-1 receptor agonists including: risk of thyroid C-cell tumors (observed in rat studies), multiple endocrine neoplasia syndrome type 2 (MEN2), history or family history of medullary thyroid carcinoma (MTC), and pancreatitis?  
 No  Yes
  
5. **AND** does patient have severe renal function (CrCl < 30 mL/min)?  
 No  Yes
  
6. **AND** has patient had adequate trial (90 days) of KP-preferred oral medications: metformin, sulfonylurea, pioglitazone, **AND** Jardiance (empagliflozin) at maximum tolerated dose unless resulting in a therapeutic failure, contraindication, or intolerance (*Note: if patient has ASCVD or indicators of high ASCVD risk, only trials of metformin and Jardiance are required*)?  
 No  Yes
  
7. **AND** if patient is using a GLP-1 receptor agonist and prandial insulin concurrently, provider is aware that concurrent use has not been studied and should be used with caution?  
 No  Yes
  
8. **AND** if ordering a non-preferred GLP-1 receptor agonist, patient has had adequate trial of, intolerance, or contraindication to KP-preferred GLP-1 receptor agonist, Victoza (liraglutide)?  
 No  Yes

**For continuation of therapy, please respond to additional questions below:**

1. Is there documentation of continued medical necessity including HbA1c result within the last 90 days?  
 No  Yes

**6 – Prescriber Sign-Off**

**Additional Information –**

1. **Please submit chart notes/medical records for the patient that are applicable to this request.**
2. **If member has not tried preferred agent(s) please provide rationale/explanation and any additional supporting information that should be taken into consideration for the requested medication:**

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**I certify that the information provided is accurate. Supporting documentation is available for State audits.**

<b>Prescriber Signature:</b>	<b>Date:</b>
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